

I may be sour
but I sure know
how to make food
juicy with my
zesty personality.

Greek Roasted Potatoes

Recipe by Andrea Hoblak

serves 6

Ingredients

1/3 cup vegetable oil

1/4 cup of olive oil

1/3 cup of lemon juice

2 tsp salt

1 tsp of paprika

1/2 tsp of pepper

2 garlic cloves minced

1 1/2 tsp of dried oregano

6 medium potatoes cut in half

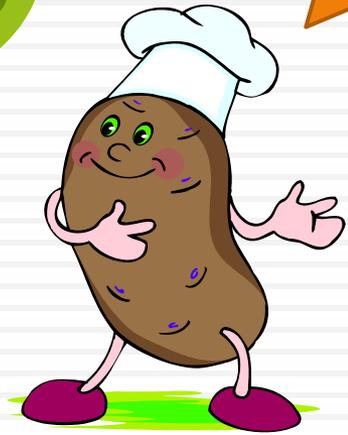
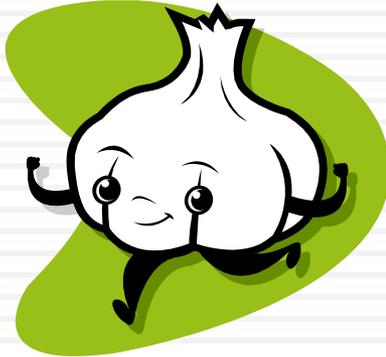
Directions

Toss potatoes with lemon, juice, olive oil and spices.

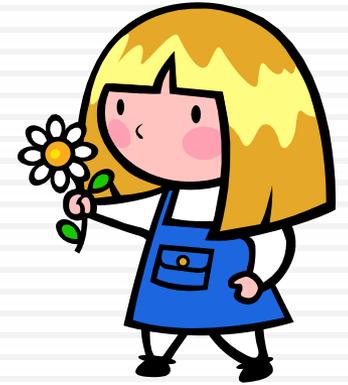
Add 1/2 cup of water. Bake uncovered in a glass dish at 400°F for 1 1/2 hours. Stir potatoes every 20 minutes. Allow potatoes to absorb water.

Once potatoes are cooked, add 1/4 cup of chopped fresh parsley.

Serve potatoes with Lemon Herb Chicken and Greek Salad for a wonderful family dinner.



"I taste pretty
good too if I don't
say so myself!"
says Sam the
Potato.



Kim loves picking flowers for her family and friends. Kim wants to encourage you to pick flowers too for the people you love in your life. Flowers are so pretty and they smell so good too! "One kind action can turn a bad day into a good one," says Kim.

GRANDMA'S OATMEAL COOKIES

Recipe by Andrea Hoblak

Makes 1 dozen cookies

Ingredients

- 1 cup of whole wheat flour
- 3 cups of oats
- 1 cup of butter
- 1 tsp salt
- 1 tsp baking soda
- 1 $\frac{1}{2}$ cups of brown sugar or cane sugar
- 1 tsp of vanilla
- $\frac{1}{4}$ cup of hot water
- 1 cup dark chocolate chips
- $\frac{1}{2}$ cup of flax seeds
- $\frac{1}{2}$ cup of raisins



Tip: Add dried fruit to the oatmeal mixture, spread onto cookie sheet and slice into granola bar shapes to make granola bars that you can freeze for a week.



Directions

Preheat oven to 350 degrees.

Measure dry ingredients in a bowl and stir.

In a separate bowl, cream butter and sugar in a mixer until smooth.

Blend all the ingredients together.

Add chocolate chips, flax seeds and raisins last.

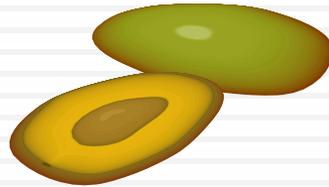
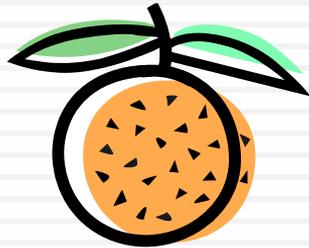
Roll into little balls of dough, flatten them down on a greased cookie sheet.

Bake for about 12 minutes.

It is very nice to spend time with our grandparents. They teach us so much because they are so wise!! What have you learned from your grandparents wisdom?

MANGO BANANA FROZEN DESSERT

Recipe by Andrea Hoblak



Mrs. Bumble Bee makes honey that makes things nice and sweet!!

makes 4 small bowls of frozen dessert

Ingredients

- 3 cups of frozen mangoes
- 1 tbsp of vanilla
- 2 frozen bananas
- 2 Tbsp of honey

Directions

Blend all ingredients together in a blender. Serve chilled.

Tip: Try Adding 2 cups of orange juice and 1 cup of ice to make a mango orange smoothie



It's nice to be kind to everyone and to look for the good in others, like Bobby and Aria. They are the best of friends!! Alia and Bobby are always there for each other. Do you have a best friend that you love to spend time with too?